



INDEPENDENT  
RETAILERS

FREE

Wellbeing support for  
you and your team  
available 24/7

Financial Grants

Covid-19 Fund & Advice

Counselling & CBT Support

AI Emotional Support

Health and Wellbeing

Online Wellbeing  
Community for ages 11-25

Family & Relationship  
Support

Workplace Critical Incident  
Support

Managers Help &  
Information line

Telephone Information  
Specialists

Debt Advice

Gambling Support

Money Advice

Legal Advice

Scan the QR Code



GROCERYAID HELPLINE:

08088 021 122

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